ITSC-16 Proposed Leisure Activities at Angra dos Reis

Leisure activities can be booked during the ITSC event. There is no need to book in advance.

**Wednesday - 7th May**

- **Jeep Tour to the Secret Waterfall**
  - Description: mini ride of 30min to see the dependencies of resort by jeep and waterfall swimming on both sides of the river.
  - Duration: 2 hours
  - Departures: 10:00am
  - Price: R$ 70,00 per person (*minimum of 2 people).
  - Tropical Fruit and water available.

**Thursday - 8th May**

- **Pingo d’Água beach and Paquetá Island**
  - Description: trip to a tropical beach and island by Catamaran. Two stops for swimming.
  - Duration: 3 hours
  - Departures: 10am (hotel reception desk)
  - Price: R$ 60,00 per person (*minimum 4 people).
  - Tropical Fruit are available at the Catamaran.
Friday - 9th May

• **Ecological Walking - Atlantic Forest**
  - Description: Tours around the Atlantic Forest, including visit to an organic palm tree farm, the historical gold trail and Mambucaba River by jeep. At the end of the trip, there will be palm tree degustation at the Palm Tree Factory and “caipirinha” (traditional Brazilian Drink).
  - Duration: 5 hours
  - Departures: 9:00am (hotel reception desk)
  - Price: R$ 100,00 per person (*minimum 7 people)
  - Snacks and refreshments available.

Monday - 12th May

• **Guaraní Sapukai tribe**
  - Description: Visit to the “Guaraní Sapukai tribe” – Native Brazilian Tribe in Angra dos Reis.
  - Duration: 3hours
  - Departures: 10 am (hotel reception)
  - Price: R$ 120,00 per person (*minimum 7 people).

• **Banana Boat or Boião**
  - Duration: 15 minutes
  - Departures: see the hotel schedule in order to check the time availability.
  - Price: R$ 20,00 per person (Banana Boat)  
    R$ 30,00 (Boião)

* Please, book your leisure activities during the conference registration, since some activities require a minimum number of people for departure. Number of people for departure is described after the price.
- Hotel do Frade is a beautiful resort. It offers other activities that are not listed in the present Programme. For more information on the hotel leisure activities visit the hotel conference reception.

- Please bring your own sunscreen, towel, water and comfy shoes and enjoy yourself.

- Source data are from the tourism agency Mambo Jungle. For more information visit: www.mambojungle.com.br.